



St Francis of Assisi Catholic Ramblers



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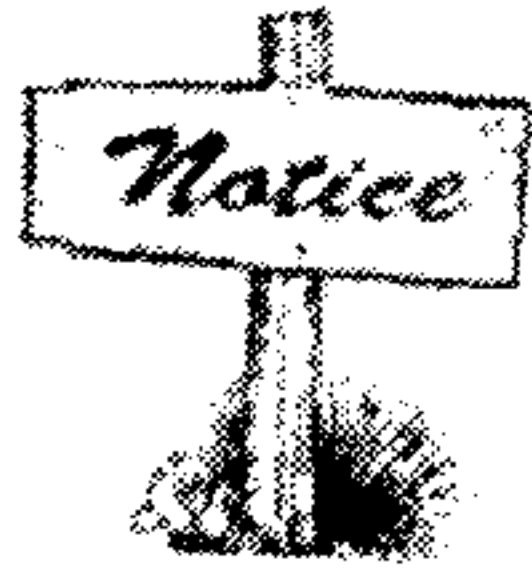
Programme of Events September - November 2007

Dear Fellow Ramblers,

Welcome to this programme of walks and other events for the Autumn. **Note in particular the change of club Treasurer's address in the committee details on page 8.** Sorry the house number was incorrect on the last programme

Just for this programme I am beginning the ramble and events list on page two. This is in order to devote the whole of this first page to the official announcement of the AGM and to encourage members to attend the AGM and put forward nominations for the committee for the next year.

Saturday 6th October: Annual General Meeting



Venue: St Mary Moorfields Church Hall.

Time: 4 pm (Refreshments available from 3 30 pm.)

Please make every effort to support this, the most important event in the club's calendar. We need nominations for membership of the committee and urge everyone who has not served already to step forward for nomination. Even if you have served before and feel like another spell on the committee do consider coming forward.

The committee is elected for one year at a time and nomination forms signed by a proposer, a seconder and the person being nominated must be received by the vice president (address on page 8 of this newsletter) by **22nd September at the latest**. Those who have been on the committee for the last two years cannot be nominated in advance of the AGM and can only be asked to continue on the committee at the AGM if no other suitable members are prepared to come on the committee.

Each year the AGM will have to elect:

A secretary

A Treasurer

A Ramble List Compiler and

Five other members so chosen that the committee as a whole will consist of four men and four women.

All of the present committee except Carol Anley and Angela Shardlow have been on the committee for at least the least two years. They cannot therefore be nominated in advance of the AGM and they could only be asked at the AGM to serve a further year if no other suitable members were available. I hope Helen will be inundated with nomination forms for new committee members. There was a time when there was a competitive election for most posts on the committee and I would love if we could return to that situation.

A nomination form is on the back page of this newsletter so get your pens out and get them completed.

The AGM also provides an opportunity to put forward proposals to change the rules of the club. Motions must clearly state if they are proposing a change in the constitution. If they are doing so they can only be discussed if at least 20 members are present and **must reach the Vice President by Saturday 1st September**. Like nominations for the committee they must be signed by a proposer and a seconder. This year the Committee will be proposing a motion to abolish the need to have done three rambles before joining the club. If you want to support or oppose it or to propose a motion yourself you will need to be at the AGM

Events List for September to November 2007

NB The clocks go back in the course of this ramble list. That will give us a lie in on one Sunday but on every Sunday after 28 October it would be wise to pack a torch in your rucksack as rambles may finish after dark.

MONDAY 27th AUGUST (Landranger Map 165)

Leader: Paul Connolly

NB: This walk was at the end of the last programme but due to major rail works please note the change of ramble details - we are still going from Marylebone but doing something that does not involve many changes of trains and excessive travelling times.

Meet Marylebone 0930 for 0954 train to Princes Risborough (arr 1033), **Please check "Fare" line below for advice on which ticket to buy,**
Lunch Thame - fair choice of pub and non-pub options.
Tea Maybe at Haddenham
Distance 12 miles - level in the morning, undulating in the afternoon – returning from Haddenham. Two trains an hour back to London.
Fare £10.00 cdr Haddenham with Network Southeast card discount.

Saturday 1st September: Bar B Que at Sheila Bravin's

Bar B Que at Sheila Bravin's, 3 Prince's Drive, W11 4QA. 3 PM onwards. Bring something to drink and be prepared to sing, recite or read something out loud. Numbers limited so ring Sheila on 0207 221 9437 before Wednesday 29th August if you intend coming.

Sunday 2nd September (Landranger Map 165)

Leader: Robert Slater

MEET Euston at 0845 for 0909 train to Tring (arr. 0951)
LUNCH The Traveller's Rest, Edlesborough (outside village)
TEA Bridgewater Monument, Ashridge Estate
DISTANCE 11 miles of undulating countryside, returning from Tring
FARE £7.35 CDR Tring with Network Card

Sunday 9th September (Explorer Map 161)

Leader: Penny Rivett

MEET Richmond Station at 0950 for 1005 start.
LUNCH The London Apprentice, Isleworth
TEA Osterley Park, if possible
DISTANCE 9 miles, returning from Osterley (on Piccadilly Line)
FARE £4.80 (All Zone Travel Card) with Network Card

Saturday 15th September: Harvest Festival Fling

There is a Harvest Festival Fling at Westminster Cathedral Hall on 15 September at 7.00pm Tickets are £10 to include glass of wine and supper. Family ticket £25 (2 adults and up to 3 under 16's)

We understand that the Last Harvest Supper was very good and excellent value with square dancing etc.

Tickets available from 020 7798 9059 (NB this is not a club event and the telephone number given is not of a club member but the number at the office of the Friends of the Cathedral).

Sunday 16th September (Landranger Map 165) Leader: Philip Evans

MEET Marylebone at 1000 for 1020 train to Princes Risborough (arr. 1104)
LUNCH Whip Inn, Lacey Green (good grub at reasonable prices)
TEA The Bell, Princes Risborough
DISTANCE 11 miles, returning from Princes Risborough
FARE £9.90 CDR with Network Card

Sunday 23rd September (Explorer Maps 134 and 146) Leader: Maurice Hickman

MEET Victoria at 0915 for 0934 train to Crawley (arr. 1036)
LUNCH Lamb Inn, Lamb's Green (good food and drink). EYO elsewhere.
TEA Rising Sun, Charlwood and/or The Jack Fairman, Horley
DISTANCE 12.75 miles, returning from Horley
FARE £7.90 CDR Crawley with Network Card

For those who do not wish to walk the full distance there is an hourly bus from Charlwood to Gatwick Airport for trains back to Victoria

Sunday 30th September (Landranger Map 176) Leader: Helen Hunt

MEET Victoria at 0930 for 0949 train to Waddon (arr. 1022)
LUNCH The William Morris at famous Abbey Mills by the River Wandle. Alternative food available at the Abbey Mills Market. Also places to eat your own but **please do not do so on the pub premises.**
TEA Wandsworth
DISTANCE 11 miles, returning from Wandsworth Town. The walk will follow the river Wandle from its source at Waddon to where it enters the River Thames at Wandsworth.
FARE £4.80 All Zone Travel Card with Network Card discount.

Saturday 6th October: AGM at St Mary Moorfields. Details on front page.

Sunday October 7th (Explorer Maps 134 and 135) Leader: Joe O'Reilly

MEET Victoria at 0900 for 0932 train to Balcombe via East Croydon (arr. 1023)
LUNCH Red Lion, Handcross (good food). Seats provided nearby to eat your own.
TEA Half Moon, Balcombe
DISTANCE 9 miles, returning from Balcombe
FARE £8.25 CDR with Network Card

Saturday 13th October: Poetry Evening at Joe O'Reilly's

Poetry reading and music at Joe O'Reilly's, 4 Rona Road, NW3 2JA. **Time: please come early – first reading 19.29 sharp. Sorry numbers strictly limited so the first 18 to ring Joe on 020 7482 1530 are in.** Anyone ringing after the 18th person or anyone arriving after 19 29 not admitted. How to get there: **Bus 24** from Pimlico or Victoria, via Tottenham Court Road, to first stop past St Dominic's Church, Southampton Road NW5 (Request Stop), walk up to traffic lights, turn right to 5th turning on left. No. 4 Rona Road is second house on right. Top Bell is Joe's. **By Train:** Gospel Oak station on Metro Silverlink (formerly "North London Line") from Stratford or Woolwich. Turn right out of station, second road on right and second house on right. Bring some poetry to read or be prepared to read from one of Joe's vast selection. 6 pm Mass at St Dominic's suitable for anyone going out on the ramble on 14th October.

Sunday October 14th (Landranger Map 167)

Leader: Robert Slater

MEET Liverpool Street at 0905 for 0928 train to Sawbridgeworth (arr. 1005)
LUNCH The Hop Poles, Bedlars Green, Great Hallingbury
TEA By the lake in Hatfield Forest
DISTANCE 14 miles, returning from Bishops Stortford. Includes walk along River Stort.
FARE £8.65 CDR Bishops Stortford with Network Card. Fare with all zone travel card to Boundary Zone 6 is £6.35.

Sunday October 21st (Landranger Map 179)

Leader: Tony Finnegan

MEET Charing Cross at 09 30 for 09 54 train to Sandling (arr. 1122)
LUNCH The Country Members, Lympe (good food). Seats nearby to eat your own.
TEA Extremely unlikely.
DISTANCE 11 miles, returning from Westenhanger. 2 steep hills in morning, otherwise easy walking.
FARE £14.15 CDR Sandling with Network Card.

Sunday October 28th (Explorer Maps 162 and 147)

Leader: Paul Brunning

NB The clocks go back an hour today so don't get caught being an hour early for the train!!

MEET Charing Cross at 0950 for 1010 train to Orpington (arr. 1034)
LUNCH The Queen's Head, Downe (good reasonably priced food)
TEA Possibly
DISTANCE 12 miles, returning from Orpington
FARE £5.50 CDR with Network Card

Sunday November 4th (Explorer Map 147)

Leaders: John & Marta Haworth

MEET Victoria at 0855 for 0918 train to Borough Green and Wrotham (arr. 1002)
LUNCH The Plough, Ivy Hatch
TEA Sevenoaks
DISTANCE 12 miles, returning from Sevenoaks
FARE £6.55 CDR Borough Green & Wrotham plus £1.25 single Sevenoaks to Otford with Network Card

Saturday 10th November: Demo of Mediaeval Musical Instruments

Fund Raising Demonstration of Medieval Instruments Followed by Mass for Deceased Members: St Mary Moorfields Church Hall, Eldon Street, London, EC1.

2.30 p.m. Slide show presentation on St Francis' era and the world of Mediaeval Music. Accompanied by the Choir of the Confraternity of St James, Dr Mary Remnant, a Musician, Researcher and author, expert on Mediaeval Music will share her insights into the music of St Francis' period, play a range of instruments of the period and also lead a small Choir to enhance the occasion.

Dr Remnant is keen to raise money for children in Eastern Europe; a suitable charity will be identified nearer the time.

Light refreshments will be included and a donation of £10 is suggested - the Committee are very grateful to Dr Remnant for her generosity in offering this event, in spite of her busy schedule.

Expressions of interest to gauge numbers to the Social Secretary, please.

The annual Mass for deceased members will be at 6 pm in St Mary Moorfields Church.

Sunday November 11th (Explorer Maps 162 and 161) Leader: Terry Dobson

MEET Charing Cross at 0900 for 0922 train to Hayes, Kent (arr. 1002)
LUNCH Coombe Lodge, Croydon (Lloyd Park tram stop near)
TEA The Good Companions, Hamsey Green (403 bus runs to Croydon from here)
DISTANCE 13 miles, returning from Purley
FARE £4.80 All Zone Travel Card with Network Card

Sunday November 11th Flexi Walk Leaders: Hania & Witold

This walk is around Winchester. The distance will be flexible; ie anything from 2 to 10 miles. Please ring Hania on 020 8543 5494 for more information.

Sunday November 18th (Explorer Map 146) Leader: Maurice Hickman

MEET Victoria at 0910 for 0932 train to Redhill to connect with 1021 train to Betchworth (arr. 1030)
LUNCH Surrey Oaks, Parkgate
TEA Dorking
DISTANCE 13 miles, returning from Dorking
FARE £5.40 CDR Dorking with Network Card. Ticket valid for return from either of the Dorking stations to London, i.e. via Leatherhead or Redhill. The landlord of the Surrey Oaks will be celebrating his 60th birthday on the 19th of November so it is likely he will be having a beer festival this weekend.

Sunday November 25th (Explorer Map 147) Leader: Paul Brunning

MEET Charing Cross at 0950 for 1010 train to Sevenoaks (arr. 1045)
LUNCH The White Rock Inn, Underriver (good reasonably priced food)
TEA Sevenoaks
DISTANCE 10 miles returning from Sevenoaks
FARE £6.50 CDR Sevenoaks with Network Card

Lourdes Trip in 2008

This item has been under "Future Dates for your Diary" in previous programmes but the time has come to firm up bookings now and Gillian McLauchlan has kindly agreed to act as the bookings contact within the club. Please let her know as soon as possible if you intend to travel (some have already notified Anne Dunne or Gillian and their interest is already noted). Gillian's address is 64 Pankhurst House, Du Cane Road, London W12 0UL and her telephone number is 020 8740 5507. We will need deposits of £75 but do not send this until we ask you to.

The plan is to fly from Stansted on Monday 17th March 2008 and return on the following Monday 24th March (Easter Monday). We will be making use of the services of Tangney tours who are very experienced in this sort of event. They will arrange a full spiritual programme with English speaking support staff and Priest, shared with other Tangney groups. Needless to say there will be Mass at the Grotto and it will be possible to use wheelchair in Lourdes for those who can't manage hills. There will be walking tours of appropriate sights.

Unfortunately we cannot get a definite price until September but it is likely to be between £450 - £600 inc. plus £15 per night single supplement (slightly less if more than 20 book up as they give one place in 20 free and we will share that saving among all who are going).

A few tips for new walkers – and a reminder for the not so new:

Train services can be affected by engineering works and sometimes the train is actually diverted to leave from a different station e.g. Charing Cross trains can be diverted to start from Victoria or Cannon Street.. It's wise to ring national rail on 08457 484950 during the week to ask if there are any special arrangements the following Sunday or see *National Rail Website at www.nationalrail.com*

If you have a Network Southeast card (£20 from rail ticket offices) or Gold card you can get 1/3rd off full fares for yourself and up to three guests travelling with you. A Senior rail card costs the same amount and gets the same reduction but only for the cardholder.

Unless otherwise indicated the fare shown is the fare from the London terminus to our destination. Most people can get a reduction by using a travel card for part of the journey.

Several Rail Companies now offer three or four tickets for the price of two so if a few members are at the ticket office at the same time it is worth asking if there are any deals going. The ticket clerks will not necessarily volunteer the cheapest way to travel. **But beware it may be necessary for the full group to travel back together or they can each be charged the full single fare again.**

You can still get an all zone travel card for £4.80 even at an Underground station using your Network Southeast Card discount. That's a saving of £1.90 on a Zone 1-6 card and £3 on a Zone 1-6 + D card.

News, Views and items of interest

Foot and Mouth Disease (FMD): Whilst we were preparing this programme we got the chilling news of an outbreak of FMD in Surrey. God grant that this will not develop into a national outbreak with the devastating consequences for our walks programme that we experienced in 2001.

Welcome to New members: Tom Collis of SW11 (a welcome return to membership after a long break); Elizabeth Furlong of Kenton, Harrow, Simon Humphries of Croydon and Italia Petroni of Portsmouth, and congratulations to Adrian Armstrong on achieving life membership. **NB New members joining after 31st July this year will not need to pay again until October 2008.**

And for "old members" a reminder that during the period covered by this programme **renewal of membership falls due.** Subscriptions are due in October. If you have not paid by 31 December your membership will be deemed to have lapsed and you will not receive the programme that will be dispatched in February or subsequent programmes. To renew your membership all you have to do is send a cheque for £5 (**£7 if you live outside the UK postal area**) payable to St Francis of Assisi Catholic Ramblers Club to the Treasurer Carol Anley (NB her address was incorrect on the last programme so be sure to address your envelope to: **Flat 9, 36 Wellesley Road, Chiswick, London W4 4BN**).

Obituaries: Condolences to Phil Carolan on the death of her sister.

Thanks for publicising the Club in your Parish Church: Many thanks to all who put up our poster in their Church. From the number of enquiries addressed to Angela Shardlow it is clear that the new poster is being displayed but we still find churches where the notice has not changed for some years. If you have not already done so please check whether there is one up already in your Church. If there is, then replace it with the one that was enclosed with the Winter programme so that this year's membership secretary details are publicised. If there is not an announcement there already please ask your Parish Priest for permission to put one up.

Get well wishes to club members who are unable to walk due to illness. We pray for all of them. Thanks to members who sent good wishes to Ossie Barrett, who is now happily back home again and progressing favourably, and to John Lawrence.

Easter Week 2007 at Wells Next the Sea: Following is Maurice Hickman's summary of the break at Wells Next the Sea in Easter Week 2007. It can also be seen on the club website together with some photographs (Can also be seen on the club website with some photographic memories of the week).

Tuesday 10th April. Caught 11 30 train to Sheringham from Liverpool Street. Arrived in time to have a late lunch. Then caught Coastliner bus to Wells. Bus dropped us close to the hostel.

Wednesday 11th April. Did coastal walk from Wells to Cley Next the Sea with lunch at Blakeney. Had tea at Cley. Bus back.

Thursday 12th April. Walked through Holkham Park – estate of the Earl of Leicester and on to Burnham Thorpe (Nelson's birthplace) for lunch. Served strong beer laced with rum called "Nelson's Blood"!! Walked back to Wells via coastal route.

Friday 13th April. Bus to Sheringham for walk to Cromer. Lunch at Cromer. Train to Sheringham. Walk along coast to Weybourne. Bus back to Wells.

Saturday 14th April. Trip by steam train to Walsingham. Stayed for Mass organised by Pilgrimage for the Church in Need. Looked around the village before getting bus back to Wells.

Future Dates for Your Diary

New Year Party, Saturday 19 January 2008. We look forward to this annual event to kick off the social side of the club in 2008. It will be at St Mary Moorfields beginning after Mass which will be at 6 O'clock. Put the date in your diary now. Full details in next programme.

Lourdes trip 17th to 24th March 2008: Please see box on page 5 above

Holiday in St Ives, Cornwall 24th – 31st May 2008: This has all been arranged now and those who are going will have made arrangements to pay for the accommodation.

Club Committee 2006-07


NB These details are provided to club members in strict confidence and must not be used for any purpose other than making contact with committee members on genuine club business.

When published on the Internet phone numbers and postal addresses are omitted.

Telephone numbers and addresses of committee members are not available on the internet due to past abuses



and



CONSTITUTION

1. The Club shall be called the St. Francis of Assisi Catholic Ramblers Club.
2. Full membership of the Club shall be open to Catholics only. (As) amended - 1983).
3. The Club shall seek approval by the Cardinal Archbishop.
4. The object of the Club shall be to promote social intercourse amongst Catholics chiefly by means of rambling.

R U L E S

- 1 The Headquarters of the Club shall be St Mary Moorfields, Eldon St EC2M 7LS and the Rector for the time being of that Church shall be entitled to the Presidency of the Club.
- 2 The Club shall be governed by an Honorary Committee which shall control the funds.
 - a) At each Annual General Meeting a Committee shall be elected consisting of a Secretary, Treasurer and six other members, so elected that there shall be four ladies, and four gentlemen. All committee members shall be full members (as amended - 1983)
 - b) No member who has served on the Committee for two or more years consecutively may be nominated for a further term before the Annual General Meeting, and then only if insufficient candidates are standing to fulfil Rule 2(a) (as amended - 1974).
 - c) If any member of the Committee shall resign the Committee shall have the power to fill the vacancy.
 - d) The Committee may appoint sub-committees and the sub-committees in addition to their own number shall have as ex-officio member a member appointed by and from the Committee of the club. The subcommittee shall have the power of co-optation as the committee shall determine and the sub-committee shall have the right to appoint their own officers.
 - e) The Committee as elected by the Annual General Meeting shall elect their own Chairman. The Chairman shall vacate the Chair during the presence of the President of the Club at any Meeting.
- 3 Deleted (1966).
- 4 The President, on the recommendation of the Committee, shall have the power to terminate or suspend the membership of any members if he deems it necessary.
- 5 The Club year shall commence on the 4th of October, but the financial year shall commence on the 1st September preceding (as amended - 1968).
- 6 Subscriptions the Club shall be fixed at the Annual General Meeting, as amended - 1983). Married members shall pay one joint subscription. Subscriptions shall fall due on 4th October and if unpaid by December 31st, membership shall be deemed to have lapsed. The subscription paid by new members who join after 31st July of one year will carry their membership through until

the end of the following year. Life membership shall be available at twenty times the current year's subscription which will not be refundable. In the case of married couples, they will be eligible for life membership on payment of a single life membership subscription

6A For members resident outside the UK postal area annual membership shall be the ordinary membership subscription plus , 2.

7 Application for membership shall be made after three rambles have been attended and shall be considered by the Committee who shall have the power to accept or reject, subject to the approval of the President where necessary.

7A (Inserted 2005) In the event that the Club should cease operation due to lack of membership, then any remaining funds shall be donated to the Ramblers Association.

8 Deleted (1988).

9 The Annual Mass shall be said on the Sunday within the octave of the feast of St Francis (4th October) or on the previous Sunday.

10 Mass shall be said annually for deceased members of the Club.

II a) The Annual General Meeting shall be held on the nearest convenient date after the 4th October. Extraordinary General Meetings may be convened at the request of the Committee or 20 ordinary members.

b) At least three weeks notice of a General Meeting (other than an Annual General Meeting) shall be given to every member. At least 5 weeks notice of an Annual General Meeting shall be given to each member (as amended 1983).

c) The Chairman of a General Meeting, who shall be entitled to a casting vote shall be the President, failing whom a member elected by the meeting.

d) Twenty members shall form a quorum, but a general meeting may be held with 16 members if no amendment to the constitution is proposed.

e) Only ordinary members may propose or second nominations and motions or be eligible for office.

f) All motions shall reach the Secretary not less than 5 weeks before the date fixed for a general meeting. All nominations for Secretary, Treasurer and other members of the Committee should reach the Secretary not later than 14 days before the date fixed for an Annual General Meeting. (As amended 1983).

g) Candidates for the Committee shall signify their consent in writing and agree to take part in all the activities of the Club to the best of their ability.

h) Voting shall be of hands or ballot, as circumstances require.

i) A motion which proposes to add to the rules or strike out any of the rules shall contain a statement to that effect.

j) Copies of the Agenda and the Accounts shall be in the hands of members at least two weeks before the Annual General Meeting. (As amended 1983).

K) Auditors shall be appointed at each Annual General Meeting.

The Club shall be affiliated to the Ramblers Association (Southern Area) and shall renew yearly subscriptions thereto.

SFA CRC: Election of Committee for the year 2007-08

Please also ensure that the nomination is signed by the person being nominated and that there is a seconder's signature on the form.

-----  Cut along dotted line-----

Nomination Form

NB Please return to Helen Hunt, 157 Coteford Street, Tooting, London SW17 8NT by 22nd September 2007

NNB: If you wish to propose a motion you must ensure that it accords with the provisions of the constitution (see next page) and send it to the same address to arrive by Saturday 1st September.

I wish to nominate(NAME) for the position of (Please place a T by the position for which you wish to nominate):

Secretary () Treasurer ()
Ramble List Compiler () Committee Member ()

Proposer.....
(Please sign **and** print name).

Secunder.....
(Please sign **and** print name).

Signature of person nominated.....