



St Francis of Assisi Catholic Ramblers

Visit our website at www.stfrancisramblers.org.uk

Programme of Events December 2006 – February 2007

Greetings Ramblers,

Once again there were no takers for the job of secretary so here I am again for another year. Please see full details of the new committee on page 8 of this Programme. There follows the programme of walks and other events. As this is the winter programme you might like to put a torch in your rucksack as we cannot guarantee to get to the end of the walk before dark.

Please let Maurice have the ramble details for the next programme by January 28th and let Tony have other items by the same date.

SATURDAY 2ND December (Explorer Map 161)

Leader: Maurice Hickman

- MEET** : Putney Bridge Underground Station 12noon for 12.15 pm start.
- LUNCH** : Coach & Horses, 27 Barnes High Street (near Barnes Bridge)
- TEA** : Salutation, 154 King Street, Hammersmith
- DISTANCE** : 6.5 miles (just a gentle stroll by the River Thames) returning from Ravenscourt Park
Or, if you have previously booked, stay on for dinner at the Lowiczanka Restaurant (see next item). If staying on for the Christmas Dinner you will need a pair of shoes to change into for the evening!!
- FARE** : All Zone Travel Card. £4.80 from underground stations with Network Southeast Card.
Lunchtime pub serves excellent food all day.



Also Saturday 2nd December: Christmas Meal at Lowiczanka Restaurant, The Polish Centre, 246 King Street, London W6 (very close to Ravenscourt Park Underground Station). Arrive at the club in time to sit down at 7 pm. If not booked already please let Helen Hunt have non refundable deposit of £5 and a note of your choice of food from the menus on Page 10 as soon as possible. (NB you must have all three courses from either Menu 1 or Menu 2 and cannot choose different courses from different menus). Send your £5 deposit and choice of food to Helen Hunt, 157 Coteford Street, Tooting, London SW17 8NT or e mail her at HelenHunt@freeola.com. NB Helen must have your choice of food by 27 November at the latest.



Sunday 3rd December (Explorer Map 161)

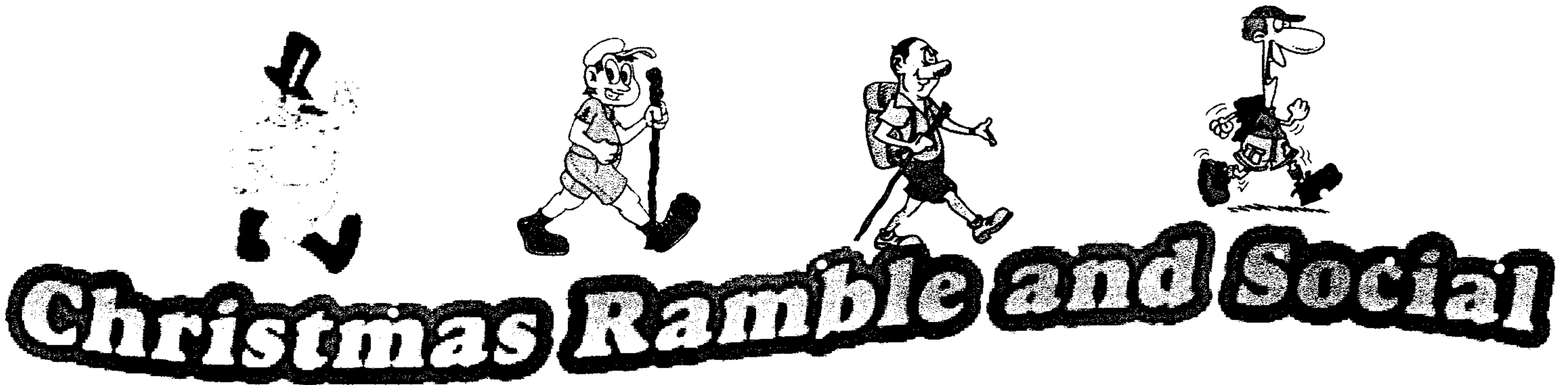
Leader: Penny Rivett

- MEET** : Richmond Station 1030 for 1045 start.
- LUNCH** : Roebuck, Richmond Hill (plenty of seating across the road to eat your own)
- TEA** : Richmond
- DISTANCE** : 6 miles returning from Richmond
- FARE** : All Zone Travel Card
Mass is available at St Elizabeth, The Vineyard at 9.30am and 5.30pm.

Sunday 10th December (Landranger Map 166)

Leader: Robert Slater

- MEET : King's Cross 0915 for 0938 train to Letchworth (arr. 1017)
- LUNCH : The Motte & Bailey, Pirton
- TEA : Hitchin
- DISTANCE : 14 miles, returning from Hitchin. A torch will be required.
- FARE : £8.45 CDR Letchworth with Network Card



Sunday 17th December

Leaders: Maurice Hickman and Witold Sokolowski

- MEET : High St Kensington Underground Station at 11am for 11.15 am start. 10am Mass is available at Our Lady of Mount Carmel and St. Simon Stock, 41 Kensington Church Street. Free local map available at station or Maurice has some with Church marked.
- LUNCH : The Tyburn, 18-20 Edgware Road, Marble Arch (Wetherspoon)
- TEA : will be the famous Christmas Social at The Royal Oak, 44 Tabard Street, London SE1. The ramble will be 7 miles and will end at the Royal Oak at about 4.30pm. The buffet will be served at about 5.30 pm. **The charge for the buffet is £7 per head.** We need to confirm final numbers for catering by 11th December, so please send cheque or postal order payable to St Francis of Assisi Catholic Ramblers Club, to our new Treasurer Zahira Uddin, 60 Chestnut Avenue, Hornchurch, Essex RM12 4HJ to reach her by 11 December or see other committee members on the walks who will happily take cash or cheques.

The Royal Oak is only three minutes walk away from Borough Station (Northern Line), and ten minutes' walk from London Bridge. Also served by bus routes P3, 21, 35, 40 and 133 – alight at Borough Station.

- FARE : Up to All Zone Travel Card. Both High Street Kensington and Borough underground stations are in Zone 1.

There will be a raffle – donations would be gratefully received.



Happy Christmases Begin at the Royal Oak!!



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Tuesday 19 December 2006 12 30 pm

Christmas Lunch at St Paul's Centre (Non-Smoking), St Paul's Road, Brentford, Middlesex (few minutes walk from Brentford Station)

Some members enjoyed this event last year and it is proposed to have it again this year but with the difference that you will need to let Maureen Furlong know in advance what you want to eat.

£12.50 per adult (with group discount). Friends welcome. Bring your own wine etc. (Corkage £1.50 each bottle).

To book: Please select from menu on page 10 headed "Christmas at Open House" and return completed order slip (keeping a copy) with £5 non-refundable deposit to: M Furlong, 43 Briar Crescent, Northolt, Middlesex UB5 4ND by end of first week in December.

Possibility of short stroll afterwards for those who wish.

Further details, travel etc from Maureen Furlong – home phone if you have it or 0795 076 6346.

E Mail marysia1883@yahoo.co.uk.

Sunday 24th December

Leader: Martin Harrison

MEET : Cockfosters Underground Station at 1045 for 11am start
LUNCH : The Chequers, Coopers Lane, Potters Bar
TEA : Trent Country Park
DISTANCE : 9.5 miles, returning from Cockfosters
FARE : All Zone Travel Card

Sunday 31st December (Landranger Map 176)

Leader: Tony Finnegan

MEET : Waterloo at 0955 for 1016 train to Putney (arr. 1031)
LUNCH : The Dove (Fuller's pub on the bank of Thames at Hammersmith). Good food.
TEA : Chiswick House (if cafe still open when we get there. Otherwise JB's bar and diner at Gunnersbury).
DISTANCE : 8.5 miles, returning from Gunnersbury. A really easy walk to see the old year out but there will be some mud and puddles so boots are recommended.
FARE : Travel Card to include Zone 3 (maximum price at an underground station with Network SE card £4.80).

New Year in Oxford: Five nights from Saturday 30 December 2006 to Wednesday 3 January 2007 returning on Thursday 4 January. The cost is £20.95 per night including breakfast without membership or £17.95 per night with membership. To book ring the Youth Hostel on 0870 770 5970. For other accommodation eg B&Bs etc ring Oxford Tourist Information on 01865 726 871. When booking at the Youth Hostel please mention "Shardlow party/group". Also please let Angela Shardlow know you are coming (see telephone number and address in the list of committee members on page 8).

Sunday 7th January 2007 (Landranger Map 154)

Leader: Robert Slater


MEET : King's Cross at 0950 for 1015 train to Cambridge (arr. 1101)
LUNCH : The Green Man, Grantchester
TEA : Auntie's tea room or The Eagle, Cambridge
DISTANCE : 9 miles, returning from Cambridge. If inclined, opportunity to visit colleges and attend sung Latin Mass at 6.15pm.
FARE : £11.60 CDR Cambridge with Network Card

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Sunday 14th January (Explorer Maps 134 & 135)

Leader: Joe O'Reilly

MEET : Meet Victoria at 0905 for 0932 train to Balcombe (arr. 1032)
LUNCH : Red Lion, Handcross. Excellent pub & food. Benches opposite for own food
TEA : Half Moon, Balcombe
DISTANCE : 9 miles, returning from Balcombe. Land undulating in parts; good views
FARE : £8.50 CDR Balcombe with Network Card



Saturday 20 January 2007. New Year Party at St Mary Moorfields. The party will be at St Mary Moorfields Church Hall from 7 pm onwards (for the benefit of new members St Mary Moorfields is at 4-5 Eldon Street which is immediately outside Liverpool Street Station - carry on past Platform 1 and up the ramp into Eldon Street). Bring food to share and your choice of drink and pay £4 on entry. Prizes for the raffle will be gratefully received. Our regular friendly disco will be provided by Canute with soft music for the first hour and music to dance to later. Please bring your family and friends and get the social side of the rambling year off to a good start.



Sunday 21st January (Explorer Map 147)

Leader: Paul Brunning

MEET : Victoria at 1005 for 1024 train to Eynsford, Kent (arr. 1106). **NB See "Fare" line below for advice on what ticket to buy.**
LUNCH : The Crown, Shoreham (good reasonably priced food)
TEA : Otford (pub)
DISTANCE : 9.5 miles, returning from Otford
FARE : £6.50 CDR Otford with Network Card

Sunday 28th January (Explorer Map 146)

Leader: Maurice Hickman

MEET : Victoria at 0940 for 1004 train to Redhill (arr. 1037)
LUNCH : The Sportsman, Mogador
TEA : Fanny's Farm Shop, Markedge Lane (TQ 277545)
DISTANCE : 11.5 miles, returning from Redhill. Bring a torch, if possible.
FARE : About £5 with Network Card discount

Sunday 4th February (Landranger Maps 165 & 166)

Leader: Tony Finnegan

MEET : Euston at 0850 for 0909 train to Hemel Hempstead (arr. 1039)
LUNCH : The Boat, Berkhamstead; good food
TEA : The Harvester, Hemel Hempstead
DISTANCE : 9 miles, returning from Hemel Hempstead. Very easy walking terrain but there will be muddy bits so boots recommended.
FARE : £5.90 CDR Hemel Hempstead with Network Southeast card.

Sunday 11th February (Landranger Map 176)

Leader: Philip Evans

MEET : Marylebone at 1005 for 1027 train to Chorley Wood (arr. 1054)
LUNCH : Windmill, Chipperfield Common
TEA : Never heard of it
DISTANCE : 9 miles, returning from Rickmansworth
FARE : £4.90 CDR Chorley Wood (with Network Card reduction)
N.B. 1-6 + B Travelcard £4.80 if you ask for all zones plus
Zone B at Underground Station with a Network Southeast card.

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Sunday 18th February (Landranger Map 165)

Leader: Paul Connolly

- MEET** : Marylebone at 0935 for 1000 train to Little Kimble (arr. 1103). **NB See "Fare" line below for advice on what ticket to buy.**
- LUNCH** : Wendover - a good choice of pub and non-pub options in a 200 yard stretch, including one pub where people can eat their own food.
- TEA** : Aylesbury
- DISTANCE** : 10 miles, returning from Aylesbury - one or two hills in the morning, level in the afternoon, muddy in parts and an interesting church gate.
- FARE** : £9.25 CDR Aylesbury with Network Card. 2 trains /hour back to London.

Sunday 25th February (Landranger Map 154)

Leader: Frank Bigg

- MEET** : King's Cross at 0945 for 1015 train to Cambridge (arr. 1101)
- LUNCH** : The Regal, 38-39 St. Andrews Street, Cambridge (Wetherspoon)
- TEA** : Cambridge - take your pick. Auntie's tea-room, The Eagle or The Regal?
- DISTANCE** : 7 miles, returning from Cambridge
- FARE** : £11.60 CDR with Network Card

Don't forget Sunday train services can be affected by engineering works. Information on these can be obtained by calling 08457 484950 or see National Rail Website at www.nationalrail.com. **Please Note** (this especially applies to trains which usually start at Charing Cross). Engineering work sometimes mean that trains are diverted to start from a different main line station, e.g. Charing Cross trains are diverted to start from Victoria or Cannon Street. It's wise to ring national rail during the week to ask if there are any special arrangements the following Sunday

Please ensure you bring your Network cards or Gold cards so that you can get the 1/3rd off full fares for yourself and up to three guests travelling with you. Unless otherwise indicated the fare shown is the fare from the London terminus to our destination. Most people can get a reduction by using a travel card for part of the journey.

Several Rail Companies now offer three or four tickets for the price of two so if a few members are at the ticket office at the same time it is worth asking if there are any deals going. The ticket clerks will not necessarily volunteer the cheapest way to travel.

News, Views and items of interest

Welcome to New members: A hearty welcome to Christine Conboy of Hatfield, Charmaine Harrington of Whetstone N2, Jim Murphy of Hanwell W7, Joan Pool of London SW5, and Zahira Uddin of Hornchurch and best wishes to them for many years of happy rambling with the club. This programme also goes to 20 people to whom the Membership Secretaries sent details recently and we hope to see them on walks and on the new members list in the next quarter. And congratulations to Gillian McLauchlan, Hania Poniatowska and Witold Sokolowski on attaining Life Membership.

Renewal of Membership: The clock is ticking for the renewal of membership. If you have not paid by 31 December your membership will be deemed to have lapsed and you will not receive the programme that will be dispatched in February or subsequent programmes. At the time of writing 60 annual members have renewed which means that more than 60 of those who were members last year have not yet renewed for 2006-07. If you are one of these please send a cheque for £5 payable to St Francis of Assisi Catholic Ramblers Club to the Treasurer (address in box on page 8 of this programme) to ensure that you continue to receive details of the club's activities.

Future Dates for Your Diary

Day of Recollection, Sunday 25 March 2007: This time we have chosen a new venue the Brigettine Centre at Fulmer Common Road, Iver Heath (convenient to Uxbridge and Gerrards Cross). It will be necessary to pay £18 (or £13 if not sharing the Brigettine lunch) in advance and there will be very little time after the publication of the next Newsletter. So if you intend going please let Anne Dunne know as soon as possible and send her a cheque for the relevant amount payable to the St Francis of Assisi Catholic Ramblers Club. In the next programme we will include a deadline for payment (probably around 10 March).

Easter Week at Wells-Next-The-Sea, Norfolk 10th – 14th April 2007: Maurice Hickman is organising an Easter break at Wells-Next-The-Sea in Norfolk and has already booked in for himself at Wells Youth Hostel for the nights of Tuesday 10th of April to Saturday 14th April 2007 inclusive. Going by last year's timetables, we will catch an 11.30 train on the Tuesday from Liverpool Street to Sheringham for a late lunch and then the North Norfolk coast 'Coast Hopper' bus service to Wells, arriving there at about 4.30 pm. On the following Sunday we will return on an 11 am bus back to Sheringham for a lunch stop before catching the 1.54 pm train, arriving back at Liverpool Street at about 5pm. The Apex fare in 2005 (booked over a week in advance) was £22. The hostel does not provide meals but it has self-cooking facilities and there are plenty of places to eat out around town in the evening. The coastal area is rich in bird life and Walsingham is only a steam train ride away. Those coming should bring something to eat for breakfast at least for the first day.

Wells hostel is now closed for the Winter period and those wishing to come should apply to Sheringham Youth Hostel. It is advisable to ring first to confirm that beds are still available. If you wish to stay at the Hostel you are strongly advised to book **as soon as possible**. The Hostel is already fully booked for the Bank Holiday period! The overnight charge is £14; i.e. £70 if you stay for the 5 nights. Maurice also has details of guest house and B&B accommodation. The phone number of Sheringham Youth Hostel is: 01263 823215. The address is: YHA Reservations, 1 Cremer's Drift, Sheringham, Norfolk, NR26 8HX.

For more information, send an SAE to Maurice; address as for Rambles Compiler on next page.

Holiday in St Ives, Cornwall 24 - 31 May 2008: Marie Tisi reports that already 35 people have put down their names for this week's walking holiday in St Ives, Cornwall. **The dates have been fixed and accommodation arranged for 24 - 31 May 2008.** Accommodation has already been booked so if you want to be included Marie asks that you e mail her (no phone calls please) at marietisi@yahoo.co.uk.

Lourdes trip in 2008: We are hoping to arrange this special event in 2008 to celebrate the 150th anniversary of the apparitions. Present plans are to make it Holy Week in 2008 and in the next programme we hope to have full details and requests for payment, at least of deposits. Please let Anne Dunne know if you intend to join in this event. Thanks to those who have already made contact.

I am grateful to Ursula Polack for letting me know that in 1958 the club organised a pilgrimage to celebrate the 100th anniversary of the apparitions. This completely missed the radar when we were preparing the history of the club so if any of the survivors could provide a brief report (and some photographs) I will incorporate it in the history which is now established on the club's website.

Club Committee 2006-07

NB These details are provided to club members in strict confidence and must not be used for any purpose other than making contact with committee members on genuine club business. When published on the Internet phone numbers and postal addresses are omitted.

Telephone numbers and addresses of committee members are not available on the internet due to past abuses

And Finally....

A very holy and happy Christmas to all our members, their families and their friends and many happy walking miles in 2007.

Tony Fung

and

Maurice Hickman



Attachments:

Menu for Christmas Dinner at Lowiczanka Polish Centre Restaurant on 2 December – Page 10

Menu for Christmas Lunch at St Pauls Open House on 19 December – Page 11

Club Accounts for 2005-06 – Page 11

Lowiczanka

The Polish Centre Restaurant
1st Floor, 238 – 246 King Street
London W6 0RJ
Tel. 020 8741 3225



Christmas 2006

Please choose all courses from either Menu 1 or 2 and let Helen Hunt know your choice by 27 November

A complimentary glass of wine or vodka will be served with each menu

Menu 1 - £17.00 per person (£19 including the compulsory cover charge of £2)

Cream of Mushroom Soup
Fillet of Herring in Sour Cream Dressing
Selection of Polish Smoked Sausages

Chicken a la Parisienne
Roast Pork With Apricots Served I Cream Sauce
Spinach Pancakes Served in Dill Sauce

Peach Cheesecake
Tiramisu

Menu 2 - £20 per person (£22 including the compulsory cover charge of £2)

Beetroot Soup With Mushroom Dumplings
Wild Boar Pate
Smoked Salmon Tartar
Breast of Duck Served I Cranberry Sauce
Roast Knuckle of Pork
Fried Trout With Almonds

Peach Cheesecake
Apple Crumble
Tiramisu

Please note: All our prices include 17.5% VAT. Minimum order 10 persons.

On Friday, Saturday and Sunday night £2.00 per person (cover charge) will be added to your bill

Christmas at Open House

ST. PAUL'S CENTRE, ST. PAUL'S ROAD, BRENTFORD
(BEHIND SOMERFIELDS)

Free Glass of Mulled Wine on arrival!

Starter

- Melon Cocktail
- Glass of Cranberry Juice
- Homemade Fresh Vegetable Soup With French Bread and Butter
- Seafood Cocktail
- Chicken Liver and Wild Mushroom Pate

Main Course

- Traditional Roast Turkey
- with Stuffing, Chipolata and Bacon, served with Cranberry Sauce
- Poached Salmon and White Wine Sauce
- Goats Cheese and Asparagus Pancake (V)

Served with

- Roast or new potatoes, orange glazed carrots and
- button sprouts with chestnuts

Pudding

- Christmas Pudding with Brandy Sauce
- Fresh Cream Gateau
- Fruit Salad
- Selection of Cheeses

Coffee or Tea with Mince Pies, Crackers & After Dinner Mints

NAME:

Open House Christmas Lunch Order

Date: ___/___/___

Starter

- Melon Cocktail
- Glass of Cranberry Juice
- Homemade Fresh Vegetable Soup, French Bread and Butter
- Seafood Cocktail
- Chicken Liver and Wild Mushroom Pate

Main Course

- Traditional Roast Turkey
with Stuffing, Chipolata and Bacon, served with Cranberry Sauce
- Poached Salmon and White Wine Sauce
- Goats Cheese and Asparagus Pancake (V)

Served with roast or new potatoes, orange glazed carrots and button sprouts with chestnuts

Pudding

- Christmas Pudding with Brandy Sauce
- Fresh Cream Gateau
- Fruit Salad
- Selection of Cheeses and Crackers

Please tick choice in box - keep a copy for your reference!

Open House Christmas Lunch Order

Date: ___/___/___

Starter

- Melon Cocktail
- Glass of Cranberry Juice
- Homemade Fresh Vegetable Soup, French Bread and Butter
- Seafood Cocktail
- Chicken Liver and Wild Mushroom Pate

Main Course

- Traditional Roast Turkey
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Served with roast or new potatoes, orange glazed carrots and button sprouts with chestnuts

Pudding

- Christmas Pudding with Brandy Sauce
- Fresh Cream Gateau
- Fruit Salad
- Selection of Cheeses and Crackers

Please tick choice in box - keep a copy for your reference!

St Francis of Assisi Catholic Ramblers Club

General Income and Expenditure Account for Year to 31 August 2006

2004-05	Income	2005-06	2004-05	Expenditure	2005-06
	Advance Subs	45.00	280.50	Postage	250.74
660.00	Subscriptions	600.00	478.79	Printing/Copying	513.25
320.00	Life Members	320.00	2.68	Stationery	26.47
			20.00	Telephone	20.00
<u>980.00</u>		<u>965.00</u>	<u>781.97</u>		<u>810.46</u>
16.00	Donations	35.00	20.00	R.A Affiliation	20.00
10.68	Bank Interest	4.32	120.00	Insurance	120.00
64.00	Surplus Dec Social	86.00	60.00	AGM & Comm Exp	70.00
45.50	Surplus Jan Party	50.70	50.10	Travel Expenses	55.95
2.52	Surplus Day of Recoll	57.00	30.00	Masses	20.00
			00.00	Loss 75 th Celebrations	27.30
<u>1118.70</u>		<u>1198.02</u>	<u>1066.07</u>		<u>1127.71</u>
			52.63	Excess Inc/Exp	70.31
<u>1118.70</u>		<u>1198.02</u>	<u>1118.70</u>		<u>1198.02</u>

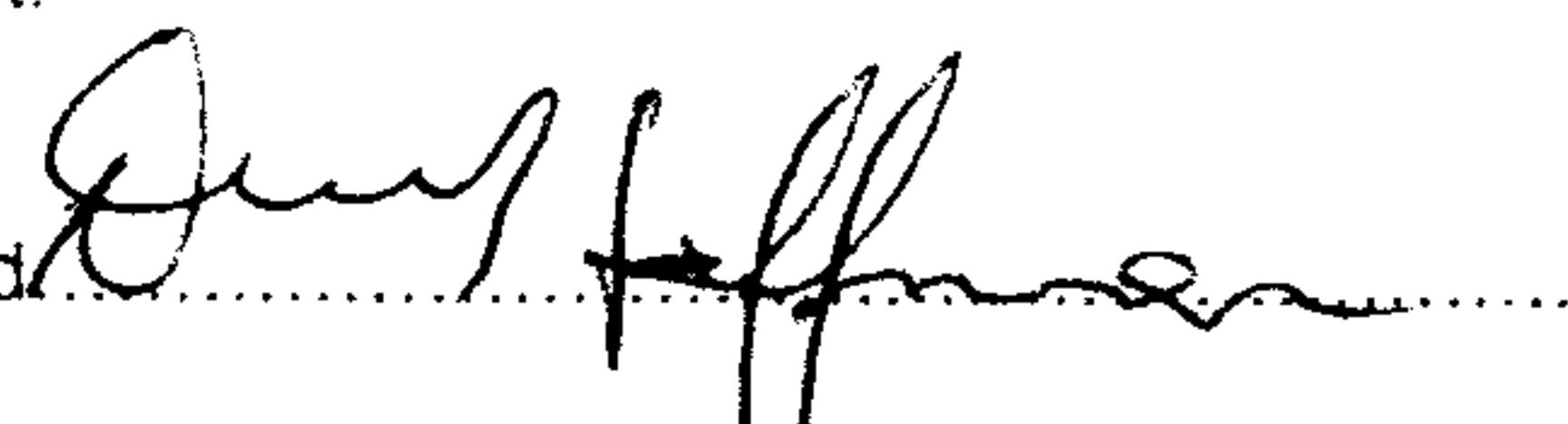
Life Membership Fund

1462.54	Balance as at 1.9.05	1339.07			
100.00	New Subscriptions	00.00			
76.53	Int. on Inv. Account	87.96	320.00	Transfer to Inc Acc	320.00
20.00	Donations	00.00	<u>1339.07</u>	Balance as at 31.8.06	<u>1107.03</u>
<u>1659.07</u>		<u>1427.03</u>	<u>1659.07</u>		<u>1427.03</u>

Capital Balances

1575.08	Balance as at 1.9.05	1627.71	105.73	Cash in Hand	00.00
52.63	Excess Inc/Exp	70.31	00.00	Owed to Treasurer	321.22
			168.30	Nationwide Account	6.62
			2749.25	NSB Inv. Account	2837.21
<u>1627.71</u>		<u>1698.02</u>			
45.00	Subs in Advance	40.00		Advance Deposit	
1339.70	Life Membership Fund	1427.03	20.00	Day of Recollection	00.00
31.50	75 th Celebrations	00.00			
<u>3043.28</u>		<u>3165.05</u>	<u>3043.28</u>		<u>3165.05</u>

We have audited the above accounts and found them to be properly drawn up in accordance with the books and accounts of the club and certify that they are to the best of our knowledge and belief correct.

Signed 

Signed 